



SIMONA
PALIMRO
I M P R E S S I O N

Lyrics

The blue man (s.palumbo/a.valle)

(2 times)
I found the big blue man
As cold as ice like blue sea in winter

The pain was strong but I never came back
I felt like shocked but I never came back no more

(2 times)
This is the last time that I meet love
This is the last time that passion blinds me
This is the last time that I start again
From the beginning

When the wind is blowing in
You can be the sailor
The blue water and the moon
Are singing for you: "go and love"

When the wind is blowing in.
(This is the last time that I meet love)
You can be the sailor
(This is the last that passion blinds me)
The blue water and the moon
(This is the last time that I start again)
Are singing for you: "go and love"
(This is the last time that I meet love)

You as a baby (s.palumbo)

Now I'll tell you something
Now you'll see the truth
I'll say to you what you know and if you can

One time again I'll tell you
What you see
What you feel
What you choose
And what you'll be in life

(4 times)
Ah ah ah ah ah

Now I'll tell you something
Now you'll see the truth
I'll say to you what you know and if you can

(2 times)
And how you were as a baby
How you used to play and what you hate

Now I'll tell you something
Now you'll see the truth
I'll say to you what you know and if you can

One time again I'll tell you
What you see
What you feel
What you choose
And what you'll be in life

If you need something
Call your mother
And you will know everything

If you need something
Call your mother
And you will die for ever

One colour (a.valle)

Want you let me go?
By the way that reaches the shelter
Flying like an angel

Too many thoughts around
Hiddering the journey
While time is running
Running away

Leave the same old way
Sometimes can be so dangerous
Like a sudden dive
In an empty space
Looking for the light

Sometimes is better
Move to a new place
Just to find your soul
Just to find your lips
Burning into a kiss

(2 times)
One colour (yeah one colour)
Join us (you can say that)
Could you say that? (that is blue)
This sky that holds (our bodies in love)

Leave the same old way
Sometimes can be so dangerous
Sometimes is better

Too many thoughts around
Hiddering the journey
While time is running
Running away

(2 times)
One colour (yeah one colour)
Join us (you can say that)

Could you say that? (that is blue)
This sky that holds (our bodies in love)

Psychiatric childhood (s.palumbo)

When I was a child
Something in my life broke my hopes
Happiness went so far
And loneliness came so
Full of questions
And loneliness came so
Full of questions

My secret house under the table was covered and dark
And there grew up my world
My life and imagination
Were floating in a strange way under my skin
And loneliness came so
Full of questions
And loneliness came so
Full of questions

(2 times)
I went so far away (I need some help)
That I never came back (I need some help)
I want to escape (I need some help)
I don't want to live in prison (I need some help)

(2 times)
That was my childhood
A solitary place where a took care
Of my thoughts and feelings
Of my thoughts and feelings

May be one day I'll see the light
And everything will be so clear and pure
And everything will be so clear and pure

(3 times)
I went so far away (I need some help)
That I never came back (I need some help)
I want to escape (I need some help)
I don't want to live in prison (I need some help)

What I feel (s.palumbo)

What can I do today?
What could I've done last time?
What could I'll do tomorrow is
What I'm feeling inside

What I feel inside
Is my black fear
What I feel inside is my red anger

Feeling my deep emotions
Feeling my heart
Feeling my mother
Feeling my father

Feeling mother
Feeling father

(2 times)
One day I'll be what I want to be
One day I'll get to the top
I'll be the best of me
Nobody will reach me

One day I'll reach the top of the world
And nobody will reach me
Nobody will touch me
And I'll be finally alone

Feeling my deep emotions
Feeling my heart
Feeling my mother
Feeling my father

(2 times)
One day I'll be what I want to be
One day I'll get to the top
I'll be the best of me
Nobody will reach me

My pain (s.palumbo)

Living living living ...
Surviving surviving surviving ...
Resisting resisting resisting ...
Waiting waiting waiting ...
Breathing breathing breathing ...

(4 times)
I feel pain
I am pain
I scream pain
I crash into pain

(12 times)
I survive the pain

(4 times)
Everything you love dies

I saved time (a.valle)

I just remember
That sweet afternoons
Kisses were so slow and deep
in my soul up to you

A strong embrace
I saved time
To live with a dream in me

Brightly rays of sunshine
Lied down on the floor
Care is the luxury of people failed in love

A strong embrace
I saved time to live with a dream in me

(2 times)
So terrible and wonderful
This feeling is a miracle

(4 times)
Love

The world behind sun glasses (s.palumbo)

Why the world is so sad and dark today?
It is raining cats and dogs
And the sea is full of waves so nervous and strong
Terrible like a storm

But behind my sun glasses everything is better
Is coming the light, is coming the truth
But behind my sun glasses everything is better
I can feel it all around me

Now comes my way, now comes my world
The sea is blue the sun is yellow
Happiness is here
Behind my sun glasses
The rainbow is full of colours
My heart is happy

(2 times)
My soul is quiet, the sea is blue,
the sun is yellow
Now comes my way, now comes my world
My heart is happy, so I think

(2 times)
There is no way to happiness,
happiness is the way
Now my life is new
and I have no problems anymore
Everything is going fine
and I feel good for the first time
There's no way to happiness,
happiness is the way

(4 times)
Happiness is the way

Only good things (s.palumbo)

Two thousand twenty
A lot of years passed
I missed many... opportunities
But now I am awake
And it's clear what to do
Leave the past leave the past leave the past

(2 times)
Build and not destroy anymore
Leave the past leave the past leave the past
Think about the present
Leave the past leave the past leave the past

Running to serenity
Looking for myself
In the music in the trust in meditation

(3 times)
In love... Only good things
To focus on my greatest desires
To believe in life
Reaching the best of me

(Many times)
looking for the peace

No more war in my life
Looking for the peace looking for the peace
This is the way to be
Looking for the peace looking for the peace
This is my final choice
Only good things

(6 times)
My final choice... Only good things

Tropical passion (s.palumbo/a.valle)

Singing and dancing and playing too long
Falling and running and searching too much
Now I hear little sound inside of me
S

Singing and dancing and playing too long
Falling and running and searching too much
Then I hear bossa music from afar
I feel it coming back growing in me
I

I remember those days in my little room
Listening to a charming voice in the afternoon
Elis was like sister snuggling up to me
Like a faithful friend against my solitude
Jobim was the genius with his melodies

So simple and complex at the time
I was hosting in me my amazing Brasil
It was growing in me
My beloved Brasil
Coming back and growing up
M
(4 times)
Meu Brasil
Vai me chamar
Samba bossa
Choro nossa!

The blue sea (a.valle)

(2 times)
You paid too much money for your trip
For that desperate gate away
You could die or you could live
Fate is friend or enemy

You left your suffering hell
Looking for a better chance
(2 times)
But some people are afraid of you
(Your suffering hell)
Yes some people want to get you down
(Your suffering hell)

(2 times)
Sea sea sea
Just blue water around you
It could be the end or you'll try to start again
Blue blue blue
Just blue water around you
It could be the end or you'll try to start again

(2 times)
You left your suffering hell
Looking for a better chance
(2 times)
But some people are afraid of you
(Your suffering hell)
Yes some people want to get you down
(Your suffering hell)

(2 times)
Sea sea sea
Just blue water around you
It could be the end or you'll try to start again
Blue blue blue
Just blue water around you
It could be the end or you'll try to start again

Feeling inside (s.palumbo)

(7 times)
Everything is in its right place

Feeling inside
A colour like blue
So it's very cold

Feeling inside
A colour like red
So it's very hot

Feeling inside
A colour like black
Then it's completely dark

Looking in me
In an empty space
I give my answers

Feeling inside
A colour like blue
So it's very cold

Feeling inside
A colour like red
So it's very hot

Feeling inside
A colour like black
Then it's completely dark

(2 times)
Feeling blue
Feeling red
Feeling black
That's my only chance
to understand

Everything is in its right place

Impression



SIMONA PALUMBO,

was born in Turin, North of Italy, on July 2nd, 1973.

She lives and works in Turin. She studied modern/classic/contemporary dance for 17 years (1986-2003) specializing in dance-theatre, in the style of Pina Bausch. She worked as dancer, singer and actress in two dance companies (*Ipartiminime*, *Le Ginestre*). She graduated on acting and singing school at *Tangram Theatre Academy* (1996-1998). She studied at *CFM (Music Center Training Graduation)* jazz chant and music theory (1998-2001). In 2002 she graduated at university in Philosophy, specializing in theatrical aesthetics.

In 2003 she took a post graduate master in *Organization Of Cultural Events*. She continued studying modern chant with masterclasses and in 2017 started studying classical chant as a Soprano, winning a scholarship. Since 2000 she sang in various bands: jazz and bossanova (*Leini Jazz Quartet*, *duoinbossa*, *Bossanova Quintet*), pop (*Impatto Zero*, *Vittorio Cane*).

In 2013 Simona started to collaborate with *Teclado*, an electronic band that became in 2014 *SDT (simon and de tonis)*, an electronic duo in which she started to make arrangements, to produce and writing her own music in pop electronic field.

In 2016, with *SDT* she released the album *Treasures*, an electronic cover version of pop-rock music in which she realized musical and vocal arrangements.

In 2020, as soloist **SIMONA PALUMBO** presents her first album ***Impression***, in which she writes melodies, lyrics and all vocal arrangements with Antonio Valle's help on electronics and Peter James Walsh's collaboration in Londoner production of her track *You as a baby* in dance and trip-hop style.

Impression



Impression

ANIMATING

CONTACTS

SIMONA PALUMBO

singersimon@icloud.com

www.simonapalumbomusic.it

facebook: [Simona.Singer.Official](#)

Instagram: [simona.singer.official](#)

YouTube: [simona.singer.official](#)



Impression

PALUMBO

TRACKS N. 1/4/5/6/8/9/10/12 WRITTEN BY S.PALUMBO/A.VALLE
TRACK N. 2 WRITTEN BY S.PALUMBO/A.VALLE/P.J.WALSH
TRACKS N. 3/7/11 WRITTEN BY A.VALLE

Simona Palumbo: VOCALS

Antonio Valle: VOICE ON TRACK N. 3 ONE COLOUR
VOICE ON TRACK N. 8 THE WORLD BEHIND SUN GLASSES

Produced by: Simona Palumbo

Executive producer: FRAGHOLA ENTERTAINMENT
WWW.FRAGHOLA.COM | WWW.EGEAMUSIC.COM



ARRANGEMENTS:

A.VALLE: ELECTRONIC MUSIC, VOCALS

S.PALUMBO: ALL VOCALS

TRACK N.2: ARTISTIC PRODUCTION AND ARRANGEMENT BY
P.J.WALSH AT PJWALSH STUDIO, LONDON (UK)

RECORDED ON DECEMBER 2019 AT SDT STUDIO, TURIN, ITALY
AND ON FEBRUARY 2020 AT CHIARA RECORDING, MONCALIERI, TURIN, ITALY

MIXED BY CLAUDIO CHIARA | **MASTERED BY** ROBERTO TESSARI
AT CHIARA RECORDING ON MARCH 2020

PHOTOS BY

NICOLA DAVIDE ANGERAME ON COVER | GIORGIO ANGERAME ON CD BOOKLET

GRAPHICS BY

P.J.WALSH, LONDON, UK | SG STUDIO GRAFICO, TURIN, ITALY

*I'M VERY GRATEFUL TO THE GREAT ENGLISH PRODUCER PETER JAMES WALSH
THAT BELIEVED IN ME, IN MY MUSIC AND FOR OUR AMAZING COLLABORATION THAT
PRODUCED YOU AS A BABY ON DANCE, TRIPHOP AND BOTH INSTRUMENTAL VERSIONS,
ARRANGED AND MIXED BY PETER JAMES WALSH AT P.J.WALSH STUDIO, LONDON, UK.*

THEY ARE ALL AVAILABLE ON **SPOTIFY** AND **YOUTUBE** SEARCHING:

SIMONA PALUMBO



Impression



tracks

01	THE BLUE MAN (S.Palumbo/A.Valle)	4:22
02	YOU AS A BABY (S.Palumbo/A.Valle/P.J.Walsh)*	3:54
03	ONE COLOUR (A.Valle)	3:32
04	PSYCHIATRIC CHILDHOOD (S.Palumbo/A.Valle)	4:34
05	WHAT I FEEL (S.Palumbo/A.Valle)	4:11
06	MY PAIN (S.Palumbo/A.Valle)	3:54
07	I SAVED TIME (A.Valle)	4:17
08	THE WORLD BEHIND SUN GLASSES (S.Palumbo/A.Valle)	4:10
09	ONLY GOOD THINGS (S.Palumbo/A.Valle)	3:25
10	TROPICAL PASSION (S.Palumbo/A.Valle)	4:38
11	THE BLUE SEA (A.Valle)	3:40
12	FEELING INSIDE (S.Palumbo/A.Valle)	3:56

Total time 48:36

** arranged and produced by Peter James Walsh*



Catalogue number: FE0820CD
Producer: Simona Palumbo
Executive producer:

FRAGHOLA ENTERTAINMENT

Sdt: 002

Printed on July 2020

© All right reserved

SIMONA PALUMBO