



SIMONA  
PALUMBO  
I M P R E S S I O N

# Lyrics

## The blue man (s.palumbo/a.valle)

(2 times)

I found the big blue man  
As cold as ice like blue sea in winter

The pain was strong but I never came back  
I felt like shocked but I never came back no more

(2 times)

This is the last time that I meet love  
This is the last time that passion blinds me  
This is the last time that I start again  
From the beginning

When the wind is blowing in  
You can be the sailor  
The blue water and the moon  
Are singing for you: "go and love"

When the wind is blowing in.  
(This is the last time that I meet love)  
You can be the sailor  
(This is the last that passion blinds me)  
The blue water and the moon  
(This is the last time that I start again)  
Are singing for you: "go and love"  
(This is the last time that I meet love)

## You as a baby (s.palumbo)

Now I'll tell you something  
Now you'll see the truth  
I'll say to you what you know and if you can

One time again I'll tell you  
What you see  
What you feel  
What you choose  
And what you'll be in life

(4 times)  
Ah ah ah ah ah

Now I'll tell you something  
Now you'll see the truth  
I'll say to you what you know and if you can

(2 times)  
And how you were as a baby  
How you used to play and what you hate

Now I'll tell you something  
Now you'll see the truth  
I'll say to you what you know and if you can

One time again I'll tell you  
What you see  
What you feel  
What you choose  
And what you'll be in life

If you need something  
Call your mother  
And you will know everything

If you need something  
Call your mother  
And you will die for ever

## One colour (a.valle)

Want you let me go?  
By the way that reaches the shelter  
Flying like an angel

Too many thoughts around  
Hiddering the journey  
While time is running  
Running away

Leave the same old way  
Sometimes can be so dangerous  
Like a sudden dive  
In an empty space  
Looking for the light

Sometimes is better  
Move to a new place  
Just to find your soul  
Just to find your lips  
Burning into a kiss

(2 times)  
One colour (yeah one colour)  
Join us (you can say that)  
Could you say that? (that is blue)  
This sky that holds (our bodies in love)

Leave the same old way  
Sometimes can be so dangerous  
Sometimes is better

Too many thoughts around  
Hiddering the journey  
While time is running  
Running away

(2 times)  
One colour (yeah one colour)  
Join us (you can say that)

Could you say that? (that is blue)  
This sky that holds (our bodies in love)

## Psychiatric childhood (s.palumbo)

When I was a child  
Something in my life broke my hopes  
Happiness went so far  
And loneliness came so  
Full of questions  
And loneliness came so  
Full of questions

My secret house under the table was covered and dark  
And there grew up my world  
My life and imagination  
Were floating in a strange way under my skin  
And loneliness came so  
Full of questions  
And loneliness came so  
Full of questions

(2 times)  
I went so far away (I need some help)  
That I never came back (I need some help)  
I want to escape (I need some help)  
I don't want to live in prison (I need some help)

(2 times)  
That was my childhood  
A solitary place where a took care  
Of my thoughts and feelings  
Of my thoughts and feelings

May be one day I'll see the light  
And everything will be so clear and pure  
And everything will be so clear and pure

(3 times)  
I went so far away (I need some help)  
That I never came back (I need some help)  
I want to escape (I need some help)  
I don't want to live in prison (I need some help)

## What I feel (s.palumbo)

What can I do today?  
What could I've done last time?  
What could I'll do tomorrow  
What I'm feeling inside

What I feel inside  
Is my black fear  
What I feel inside is my red anger

Feeling my deep emotions  
Feeling my heart  
Feeling my mother  
Feeling my father

Feeling my mother  
Feeling father

(2 times)  
One day I'll be what I want to be  
One day I'll get to the top  
I'll be the best of me  
Nobody will reach me

One day I'll reach the top of the world  
And nobody will reach me  
Nobody will touch me  
And I'll be finally alone

Feeling my deep emotions  
Feeling my heart  
Feeling my mother  
Feeling my father

(2 times)  
One day I'll be what I want to be  
One day I'll get to the top  
I'll be the best of me  
Nobody will reach me

## My pain (s.palumbo)

Living living living ...  
Surviving surviving surviving ...  
Resisting resisting resisting ...  
Waiting waiting waiting ...  
Breathing breathing breathing ...

(4 times)  
I feel pain  
I am pain  
I scream pain  
I crash into pain

(12 times)  
I survive the pain

(4 times)  
Everything you love dies

## I saved time (a.valle)

I just remember  
That sweet afternoons  
Kisses were so slow and deep  
in my soul up to you

A strong embrace  
I saved time  
To live with a dream in me

Brightly rays of sunshine  
Lied down on the floor  
Care is the luxury of people failed in love

A strong embrace  
I saved time to live with a dream in me

(2 times)  
So terrible and wonderful  
This feeling is a miracle

(4 times)  
Love

### The world behind sun glasses (s.palumbo)

Why the world is so sad and dark today?  
It is raining cats and dogs  
And the sea is full of waves so nervous and strong  
Terrible like a storm

But behind my sun glasses everything is better  
Is coming the light, is coming the truth  
But behind my sun glasses everything is better  
I can feel it all around me

Now comes my way, now comes my world  
The sea is blue the sun is yellow  
Happiness is here  
Behind my sun glasses  
The rainbow is full of colours  
My heart is happy

(2 times)  
My soul is quiet, the sea is blue,  
the sun is yellow  
Now comes my way, now comes my world  
My heart is happy, so I think

(2 times)  
There is no way to happiness,  
happiness is the way  
Now my life is new  
and I have no problems anymore  
Everything is going fine  
and I feel good for the first time  
There's no way to happiness,  
happiness is the way

(4 times)  
Happiness is the way

### Only good things (s.palumbo)

Two thousand twenty  
A lot of years passed  
I missed many... opportunities  
But now I am awake  
And it's clear what to do  
Leave the past leave the past leave the past

(2 times)  
Build and not destroy anymore  
Leave the past leave the past leave the past  
Think about the present  
Leave the past leave the past leave the past

Running to serenity  
Looking for myself  
In the music in the trust in meditation

(3 times)  
In love... Only good things  
To focus on my greatest desires  
To believe in life  
Reaching the best of me

(Many times)  
Looking for the peace

No more war in my life  
Looking for the peace looking for the peace  
This is the way to be  
Looking for the peace looking for the peace  
This is my final choice  
Only good things

(6 times)  
My final choice... Only good things

### Tropical passion (s.palumbo/a.valle)

Singing and dancing and playing too long  
Falling and running and searching too much  
Now I hear little sound inside of me  
S  
Singing and dancing and playing too long  
Falling and running and searching too much  
Then I hear bossa music from afar  
I feel it coming back growing in me  
I

I remember those days in my little room  
Listening to a charming voice in the afternoon  
Elis was like sister snuggling up to me  
Like a faithful friend against my solitude  
Jobim was the genius with his melodies

So simple and complex at the time  
I was hosting in me my amazing Brasil  
It was growing in me  
My beloved Brasil  
Coming back and growing up  
M  
(4 times)  
Meu Brasil  
Vai me chamar  
Samba bossa  
Choro nossa!

### The blue sea (a.valle)

(2 times)  
You paid too much money for your trip  
For that desperate gate away  
You could die or you could live  
Fate is friend or enemy

You left your suffering hell  
Looking for a better chance  
(2 times)  
But some people are afraid of you  
(Your suffering hell)  
Yes some people want to get you down  
(Your suffering hell)

(2 times)  
Sea sea sea  
Just blue water around you  
It could be the end or you'll try to start again  
Blue blue blue  
Just blue water around you  
It could be the end or you'll try to start again

(2 times)  
You left your suffering hell  
Looking for a better chance  
(2 times)  
But some people are afraid of you  
(Your suffering hell)  
Yes some people want to get you down  
(Your suffering hell)

(2 times)  
Sea sea sea  
Just blue water around you  
It could be the end or you'll try to start again  
Blue blue blue  
Just blue water around you  
It could be the end or you'll try to start again

### Feeling inside (s.palumbo)

(7 times)  
Everything is in its right place

Feeling inside  
A colour like blue  
So it's very cold

Feeling inside  
A colour like red  
So it's very hot

Feeling inside  
A colour like black  
Then it's completely dark

Looking in me  
In an empty space  
I give my answers

Feeling inside  
A colour like blue  
So it's very cold

Feeling inside  
A colour like red  
So it's very hot

Feeling inside  
A colour like black  
Then it's completely dark

(2 times)  
Feeling blue  
Feeling red  
Feeling black  
That's my only chance  
to understand

Everything is in its right place

# Impression



## **SIMONA PALUMBO,**

was born in Turin, North of Italy, on July 2nd, 1973.

She lives and works in Turin. She studied modern/classic/contemporary dance for 17 years (1986-2003) specializing in dance-theatre, in the style of Pina Bausch. She worked as dancer, singer and actress in two dance companies (*Ipartiminime*, *Le Ginestre*). She graduated on acting and singing school at *Tangram Theatre Academy* (1996-1998). She studied at *CFM (Music Center Training Graduation)* jazz chant and music theory (1998-2001).

In 2002 she graduated at university in Philosophy, specializing in theatrical aesthetics.

In 2003 she took a post graduate master in *Organization Of Cultural Events*. She continued studying modern chant with masterclasses and in 2017 started studying classical chant as a Soprano, winning a scholarship. Since 2000 she sang in various bands: jazz and bossanova (*Leini Jazz Quartet*, *duoinbossa*, *Bossanova Quintet*), pop (*Impatto Zero*, *Vittorio Cane*).

In 2013 Simona started to collaborate with *Teclado*, an electronic band that became in 2014 *SDT (simon and de tonis)*, an electronic duo in which she started to make arrangements, to produce and writing her own music in pop electronic field.

In 2016, with *SDT* she released the album *Treasures*, an electronic cover version of pop-rock music in which she realized musical and vocal arrangements.

In 2020, as soloist **SIMONA PALUMBO** presents her first album ***Impression***, in which she writes melodies, lyrics and all vocal arrangements with Antonio Valle's help on electronics and Peter James Walsh's collaboration in Londoner production of her track *You as a baby* in dance and trip-hop style.

Impression



# Impression

SIMONA PALUMBO

## CONTACTS

**SIMONA PALUMBO**

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facebook: **Simona Palumbo**

Instagram: **simonapalumbomusic**

YouTube: **Simona Palumbo**



# Impression

PALUMBO

TRACKS N. 1/4/5/6/8/9/10/12 WRITTEN BY S.PALUMBO/A.VALLE  
TRACK N. 2 WRITTEN BY S.PALUMBO/A.VALLE/P.J.WALSH  
TRACKS N. 3/7/11 WRITTEN BY A.VALLE

**Simona Palumbo:** VOCALS

**Antonio Valle:** VOICE ON TRACK N. 3 ONE COLOUR  
VOICE ON TRACK N. 8 THE WORLD BEHIND SUN GLASSES

**Produced by:** Simona Palumbo

**Executive producer:** FRAGHOLA ENTERTAINMENT  
WWW.FRAGHOLA.COM | WWW.EGEAMUSIC.COM



## **ARRANGEMENTS:**

A.VALLE: ELECTRONIC MUSIC, VOCALS

S.PALUMBO: ALL VOCALS

*TRACK N.2: ARTISTIC PRODUCTION AND ARRANGEMENT BY  
P.J.WALSH AT PJWALSH STUDIO, LONDON (UK)*

RECORDED ON DECEMBER 2019 AT SDT STUDIO, TURIN, ITALY  
AND ON FEBRUARY 2020 AT CHIARA RECORDING, MONCALIERI, TURIN, ITALY

**MIXED BY** CLAUDIO CHIARA | **MASTERED BY** ROBERTO TESSARI  
AT CHIARA RECORDING ON MARCH 2020

## **PHOTOS BY**

NICOLA DAVIDE ANGERAME ON COVER | GIORGIO ANGERAME ON CD BOOKLET

## **GRAPHICS BY**

P.J.WALSH, LONDON, UK | SG STUDIO GRAFICO, TURIN, ITALY

*I'M VERY GRATEFUL TO THE GREAT ENGLISH PRODUCER PETER JAMES WALSH  
THAT BELIEVED IN ME, IN MY MUSIC AND FOR OUR AMAZING COLLABORATION THAT  
PRODUCED YOU AS A BABY ON DANCE, TRIPHOP AND BOTH INSTRUMENTAL VERSIONS,  
ARRANGED AND MIXED BY PETER JAMES WALSH AT P.J.WALSH STUDIO, LONDON, UK.*

THEY ARE ALL AVAILABLE ON **SPOTIFY** AND **YOUTUBE** SEARCHING:  
**SIMONA PALUMBO**



# Impression



## *tracks*

01	<b>THE BLUE MAN</b> (S.Palumbo/A.Valle)	4:22
02	<b>YOU AS A BABY</b> (S.Palumbo/A.Valle/P.J.Walsh)*	3:54
03	<b>ONE COLOUR</b> (A.Valle)	3:32
04	<b>PSYCHIATRIC CHILDHOOD</b> (S.Palumbo/A.Valle)	4:34
05	<b>WHAT I FEEL</b> (S.Palumbo/A.Valle)	4:11
06	<b>MY PAIN</b> (S.Palumbo/A.Valle)	3:54
07	<b>I SAVED TIME</b> (A.Valle)	4:17
08	<b>THE WORLD BEHIND SUN GLASSES</b> (S.Palumbo/A.Valle)	4:10
09	<b>ONLY GOOD THINGS</b> (S.Palumbo/A.Valle)	3:25
10	<b>TROPICAL PASSION</b> (S.Palumbo/A.Valle)	4:38
11	<b>THE BLUE SEA</b> (A.Valle)	3:40
12	<b>FEELING INSIDE</b> (S.Palumbo/A.Valle)	3:56

Total time 48:36

\* arranged and produced by Peter James Walsh



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Producer: Simona Palumbo  
Executive producer:  
FRAGHOLA ENTERTAINMENT  
Sdt: 002

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